

## Personal Core Values - Checklist

Acceptance	Generosity	Persistence	Strength
Achievement	Goodness	Pioneer spirit	Support
Adventure	Gratitude	Pleasure	Systemization
Altruism	Hard work	Popularity	Safety
Ambition	Harmony	Positive attitude	Satisfying others
Appreciation	Heroism	Potential	Security
Authenticity	Heritage	Practicality	Selfishness
Authority	Honesty	Preservation	Teamwork
Autonomy	Honour	Prestige	Tolerance
Beauty	Hope	Pride	Tradition
Challenge	Human Dignity	Privacy	Tranquility
Change	Influence	Prosperity/wealth	Trust
Cleanliness	Inner Peace	Punctuality	Truth
Collaboration	Innovation	Purity	Utility
Commitment	Improvement	Quality	Variety
Communication	Integrity	Rationality	Well-being
Compassion	Intuition	Recognition	Wellness
Competence	Involvement	Regularity	Wisdom
Competition	Joy	Rehabilitation	Zest for life
Concern	Justice	Reliability	
Contribution	Knowledge	Resourcefulness	
Courage	Leadership	Respect	
Conviction	Learning	Responsibility	
Cooperation	Leisure	Responsiveness	
Creativity	Love	Results-oriented	
Decisiveness	Loyalty	Risk-taking	
Democracy	Meaning	Rule of law	
Determination	Merit	Self-reliance	
Discipline	Mobility	Seriousness	
Discovery	Money	Service	
Diversity	Non-violence	Simplicity	
Duty	Nurturing	Sincerity	
Education	Openness	Skill	
Efficiency	Opportunity	Solidarity	
Empowerment	Optimism	Speed	
Excellence	Patriotism	Spirit-life	
Experience	Peace	Stability	
Expression	Perfection	Standardization	
Fairness	Performance	Status	